

**Dear Friends,**

**Here a few of my favorite "spiritual boost" articles from the past month and with the beginning of the New Year. I have also included an article I recently wrote for our diocesan paper.**

**Take a look and I hope some of these articles can inspire you on your faith journey.**

**God Bless you and your families,**

***Christian Meert***

**Agape Catholic Ministries**



**P.S. Did you know we can be found on [facebook](#) and [instagram](#)? If you would like to receive regular feeds, connect with us there.**

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## ALWAYS MOVING FORWARD...

Article by Tara Brooke

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## EXILE: FLIGHT INTO EGYPT

Article by Edmund Adamus

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## SIX GREAT TIPS FOR A HAPPY MARRIAGE

Article by Ron Kaufmann

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## THE ART OF MONO-TASKING

Article by Dan Brooke

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## HOLY HABITS: 20 NEW YEAR'S RESOLUTIONS

Article by National Catholic Register

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## PORNOGRAPHY IS THE 'OTHER' DEADLY PANDEMIC

Article by Christian Meert



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