

**Dear Friends,**

**Here are a few of my favorite "spiritual boost" articles from the past month and a few good reads for Holy Week and Easter. I have also included a few Catholic resources that I think you should check out.**

**Take a look and I hope some of these articles can inspire you on your faith journey.**

**God Bless you and your families,**

***Christian Meert***

**Agape Catholic Ministries**



**P.S. Did you know we can be found on [facebook](#) and [instagram](#)? If you would like to receive regular feeds, connect with us there.**

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STRONG FAMILIES, STRONG SELVES

by Charles J. Chaput  
3.12.21

## STRONG FAMILIES, STRONG SELVES

Article by Charles Chaput in First Things

[CLICK HERE TO READ](#)



## HOPE, JOY AND PINK IN LENT



Article by Tara Brooke

[CLICK HERE TO LISTEN](#)



## TWO COMMON SPIRITUAL TEMPTATIONS IN LENT

Article by Sefanit Stefanos

[CLICK HERE TO READ](#)



Mosaic Ed Hopfner for  
Catholic Marriage prep 2 of 2

Mosaic Ed Hopfner for  
Catholic marriage prep 1 of 2

## MARRIED LOVE AS A REFLECTION OF THE TRINITY

Interview on Mosaic TV  
with Ed Hopfner

 YouTube

[CLICK HERE TO WATCH](#)



## ST JOSEPH'S ROLE IN THE JOYFUL MYSTERIES

Article by Fr Joseph Doyle in OSV

[CLICK HERE TO READ](#)

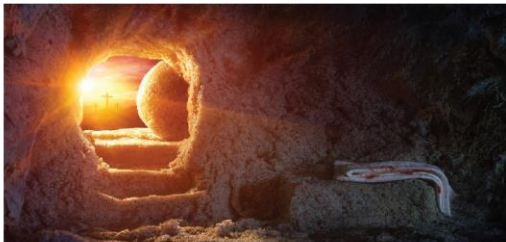


## YOUR FAMILY NEEDS ST JOSEPH.. NOW!



Article by Dan Brooke

[CLICK HERE TO READ](#)



## LIVING IN RESURRECTION THROUGH THE PANDEMIC

Article by Sefanit Stefanos

[CLICK HERE TO READ](#)



## 3 CATHOLIC TIPS TO OVERCOME EVERYDAY ANXIETY

Video via ChurchPop  
by Chris Stefanick



[CLICK HERE TO WATCH](#)

## CATHOLIC RESOURCES YOU NEED TO KNOW ABOUT...

Hallow

**Pray Every Day this Lent  
with Hallow #Pray40.**



*Hallow, it is the #1 Catholic app in the US and Canadian app stores and features hundreds of audio-guided contemplative prayer and meditation sessions for Lent and throughout the year.*

## CATHOLIC FAMILY CRATE

*Catholic Family Crate makes beautifully crafted catechesis tools and offers them through their monthly crates that can help families grow in their faith from home. [Click here](#) to find out more.*